

*For lunch...*  
*A little something:*

Cup/ bowl of soup with dunking bread	4/ 6
Chili shrimp with mango salsa	3 for 6
Beet salad	7

*Something more:*

Crab cakes with wasabi crème and petite salad	13
Asian salad with warm chicken, dates, wonton crisps, peanuts, tomato and avocado with peanut lime dressing	14
Roasted salmon with tomato/avocado salsa on wilted arugula	13
Grilled vegetable panini with goat cheese and green salad	11
"Dolled up" cracked wheat salad with roasted chicken, tomato, cucumber, feta and garbanzo beans	12
Grilled pita with shrimp, greens and tzatziki sauce	13
Big juicy beef burger with all the fixings and skinny fries	13
Grilled trout with choice of beet salad, cracked wheat salad or fries	13
Baby spinach, honey roasted pear, goat cheese salad w/citrus vinaigrette	13
Big bowl of soup and ½ grilled sandwich (or the other way around)	11
Trio of the day	13

*Sweet plates by the taste:*

Cheesecake	5
Banana tres leche	5
Brownies	4
Apple crumble bar a la mode	5
Cookie of the day	3